



**Equipment shown in custom colors*

PULL LIFT HSPL3

With a design inspired by the graceful, natural motions of the human body, HumanSport offers a truly unique and human way of conditioning. HumanSport is so simple, so intuitive and so natural that it feels as if it were custom-built for each and every user. Six dual-function cable-based machines act as twelve workout stations by utilizing dual weight stacks to provide a wide range of total body training. When paired with the provided programming designed by our Master Trainers, HumanSport makes a powerful addition to any facility.

PRODUCT DIMENSIONS

WEIGHT	39 in (99cm)
LENGTH	78 in (198 cm)
HEIGHT	95 in (241 cm)
STACK WEIGHT	2x 88 lbs (2x 40 kg)
OVERALL WEIGHT	750 lbs (341 kg)
SHIPPING WEIGHT	850 lbs (386 kg)

ADJUSTMENTS & MOVEMENTS

USER DEFINED RANGE OF MOTION	Yes, multiple high pulley, upper body, and rotational movements along with numerous lower body movements can be combined with stepping and lunging to incorporate total body 3-Dimensional movements
ASSISTED ADJUSTMENTS	No
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	N/A
UNILATERAL OR BILATERAL MOVEMENT	Yes, Unilateral or bilateral use user defined
CONVERGING OR DIVERGING MOVEMENTS	Yes, user defined
PULLEY RATIO	2:1 ratio

FRAME SPECIFICATIONS & CABLE INFORMATION

STANDARD FRAME COLOR OPTIONS	Silver with wood trim, Black with carbon fiber trim
STANDARD UPHOLSTERY COLOR OPTIONS	Black
FRAME FINISH	Electrostatic Powder coating
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	N/A
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CABLE VS. BELT DRIVEN TRANSMISSION	3mm cable driven
BOLT DOWN LOCATIONS DEFINED	Yes
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection
HARDWARE TYPE	Hex / Button Head
TUBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

USER SPECIFIC INFORMATION

STATIC PLACARDS	Start finish diagram
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes
ANIMATED LENTICULAR	No
SAFETY CATCH & STOPS	No
WATER BOTTLE HOLDER	No
PHONE HOLDER	No
GRIP SPECIFICATIONS	Multiple accessory handle configurations with multiple D-rings to support varying levels of pre-stretch and modalities
FOOT PLATFORM	Oversized rubber non slip raised platform and exercises can be performed on or off the platform
CONTOURED PADS	N/A
RESTRAINT SYSTEM	No

WEIGHT STACK SPECIFICATIONS

TOTAL STACK WEIGHT	Stack Weight Capacity: 2x 88 lbs (2x 40 kg)
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK TOWER HEIGHT	65 in (165 cm)
PLATE LOADED	N/A
WEIGHT STORAGE SOLUTION	N/A
LNL TECHNOLOGY	Yes, standard
ADD-ON RESISTANCE AVAILABLE	No
WEIGHT STACK SHROUD SPECIFICATIONS	Inside and outside steel shrouds.

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