

Belt Squat

The Nautilus Belt Squat targets the legs and glutes without stressing the lower back, enhancing hip extension, and supporting safe, efficient workouts for users of all fitness levels, from rehabilitation to advanced strength building. Its non-slip ergonomic footplate enhances stability and range of motion, while the 630lb (286.5kg) load capacity, 1:1 weight ratio, and integrated plate storage ensure versatility for novice and advanced lifters alike. The Nautilus Belt Squat delivers superior performance, efficient space utilization, and exceptional user satisfaction.



FEATURES	
Length	43" (110cm)
Width	72 in (182 cm)
Height	59" (150cm)
Recommended Ceiling Height	8.5ft (259cm)
Product Weight	397 lbs (180 kg)
User defined range of motion	No, fixed path of motion with connecting boom pivot
Color coded pivot points and adjustments	Yes
FRAME	
Standard frame color options	60 Black
Standard upholstery color options	Black
Frame finish	Electrostatic Powder coating
Customizable paint options available	Yes with additional fees and extended lead times
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
STATIC PLACARDS	Yes
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes
SAFETY CATCH & STOPS	Easy to reach and operate safety stops with an integrated user handle for safe entry and exit
GRIP SPECIFICATIONS	Rubber, smaller grips.
FOOT PLATFORM	Oversized angled foot platform to accommodate users of all sizes
WEIGHT STACK SPECIFICATIONS	
PLATE LOADED	45 lb (20 kg) boom
WEIGHT STORAGE SOLUTION	Integrated Olympic plate storage
ADD-ON RESISTANCE AVAILABLE	630 lb (286 kg) max load capacity
SHIPPING	
Shipping Weight (Boxed)	472 lbs (214 kg)
SKUS	

9NP-L1132