

Belt Squat

The Nautilus Belt Squat targets the legs and glutes without stressing the lower back, enhancing hip extension, and supporting safe, efficient workouts for users of all fitness levels, from rehabilitation to advanced strength building. Its non-slip ergonomic footplate enhances stability and range of motion, while the 630lb (286.5kg) load capacity, 1:1 weight ratio, and integrated plate storage ensure versatility for novice and advanced lifters alike. The Nautilus Belt Squat delivers superior performance, efficient space utilization, and exceptional user satisfaction.



FEATURES Length 43" (110cm) Width 72 in (182 cm) Height 59" (150cm)
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Height 59" (150cm)
Recommended Ceiling Height 8.5ft (259cm)
Product Weight 397 lbs (180 kg)
User defined range of motion No, fixed path of motion with connecting boom pivot
Color coded pivot points and adjustments Yes
FRAME
Standard frame color options 60 Black
Standard upholstery color options Black
Frame finish Electrostatic Powder coating
Customizable paint options available Yes with additional fees and extended lead times
Integrated leveling system No, rubber feet for floor protection
Hardware type Hex / Button Head
Tubbing style & thickness Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION
STATIC PLACARDS Yes
MULTI-LANGUAGE PLACARDS OPTIONS AVAIL- ABLE Yes
SAFETY CATCH & STOPS Easy to reach and operate safety stops with an integrated user handle for safe entry and exit
GRIP SPECIFICATIONS Rubber, smaller grips.
FOOT PLATFORM Oversized angled foot platform to accommodate users of all sizes
WEIGHT STACK SPECIFICATIONS
PLATE LOADED 45 lb (20 kg) boom
WEIGHT STORAGE SOLUTION Integrated Olympic plate storage
ADD-ON RESISTANCE AVAILABLE 630 lb (286 kg) max load capacity
SHIPPING
Shipping Weight (Boxed) 472 lbs (214 kg)
SKUS

9NP-L1132



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